

KNOCKANRAWLEY RESOURCE CENTRE



ANNUAL REPORT

2017

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Commitments to Standards in Fundraising Practice

Knockanrawley Resource Centre is fully committed to achieving the standards contained within the *Statement of Guiding Principles for Fundraising*.

The *Statement* exists to:
Improve fundraising practice

Promote high levels of accountability and transparency by organisations fundraising from the public.

Provide clarity and assurances to donors and prospective donors about the organisations they support.

We, Knockanrawley Resource Centre have considered the Statement and believe we meet the standards it sets out. Where we have not yet complied with the Statement we aim to be fully compliant.

Knockanrawley Resource Centre's report on our fundraising activities is available here in our most recent Annual Report.

We welcome your feedback on our performance via any of the contact points provided (see below).

Write to:

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We are open 5 days a week from 9.00 am to 5:30 pm

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Management and Staff

Management:

Chairperson

Ann Buckley

Secretary

Noreen Meagher

Treasurer

Julie Gallagher

Voluntary Management Committee

Maureen Tobin

Noreen Meagher

Nora Cahill

Mary Campbell Ryan

Mary Cunningham

Catherine Sharpe

Centre Manager

Emer Leahy

Community Development Section:

Community Development Co-ordinator

Ruth Smith

Parent and Family Support Worker

Helen Buckley

Financial Administrator

Kay Beardmore

CDP Support Worker

Majella Barry (CE)

Group Facilitator

Eileen Doherty (Volunteer)

Training and Education Section:

Training & Education Co-ordinator

Marian Thomas

Assistant Co-ordinator

Nora Hoare

Knockanrawley Childcare Centre:

Childcare Co-ordinator

Anne Murphy

Room Leaders:

Toddler Room

Mary Fitzgerald

Playschool

Maggie Crosse O' Dwyer

Pre-School 1

Danny Ryan

Pre-School 2

Lina Kalaskinovaite

Childcare workers:

Sylvia Daly

Bridget Condon

Nicole Roche (CE)

Marian Fallon

Ana Martin

Edel Quinn (CE)

Catherine Allen

Anna Zietal (CE)

Claire Martin (CE)

Organic Garden:

Timmy Whyte (Volunteer)
Cathal Price (CE)
Ann Marie Teehan (CE)

Family Therapy and Counselling Section:**Family Therapy and Counselling
Therapists**

Freda Roche
Declan Roche

Geraldine Lorigan

Community Employment (CE) Scheme:**CE Supervisor
Reception:**

Mary Moloney
Helen Buckley (CE)
Nicola Gilligan (CE)
PJ Ryan (CE)
Marie Hourigan (CE)
Breda O'Neill

**Maintenance / Caretaker:
Cleaning:**

Overview of 2017

2017 proved to be a very busy year for Knockanrawley Resource Centre with staff and volunteers working to full capacity to meet the community needs of Tipperary Town and surrounding areas. The year has seen a number of staff changes with a new Centre Manager, beginning in January; in Training and Education we said goodbye to Josephine O'Donnell and Patricia Power and welcomed a new Coordinator, Marian Thomas, and; in Childcare we also said goodbye to Anita Cooney and Helena Ryan but welcomed Vivienne Lynch and Renata Ciupa.

Our Community Development Team, coordinated by Ruth continued to support the many community groups based in the Centre. The six Women's groups met on a weekly basis and with facilitation support developed and implemented their annual activity plans for the year that included community education, recreation activities and personal development workshops. The Tipperary Men's Shed has also had a busy year. They meet every Monday afternoon and have engaged in many networking events with other Shed's in the County and beyond. The men keep active and arrange many activities to build life skills including walking, gardening, cooking and eating, meditation and life coaching.

We continued to work closely with our SICAP consortium partner South Tipperary Development Company (STDC) throughout the final year of the 2015 – 2017 programme. In 2017 eleven Local Community Groups were supported by KRC to identify and address social exclusion and equality issues affecting the disadvantaged communities and marginalized groups they represent. 236 individuals experiencing educational disadvantage were supported to participate, engage with and progress through life-long learning opportunities and 40 individuals and residents of disadvantaged communities who are unemployed were supported to move closer to the labour market and become more 'work-ready'. In the final quarter of 2017 KRC and STDC prepared the Tipperary South Consortium tender for SICAP 2018 – 2022. In November we received confirmation that the tender was successful and SICAP funding is secured for the coming five years.

This year, the Parent and Family Support Project (PFSP) offered a range of supports and services to help parents enhance skills and resolve problems to promote optimal child and family development. The project continues to facilitate the peer support Parents Club, the SHE group for lone parents and the Baby, Parent and Toddler Group. In addition to the group supports, our Parent and Family Support Worker, Helen, continues to provide one-to-one individual parenting support sessions based on the Positive Parenting One Family Programme. The annual Pearse Park Summer Camp was again a great success and would not have been possible without the fantastic support of volunteers. This year also saw the start of a new parenting group for lone Dads called Dads Matter and continues to be open to new members.

The Training and Education team continued to provide the part-time Knockanrawley Information and Training for Employment (KITE) programme in partnership with the Tipperary Education and Training Board (TETB). Seventeen learners from the 2016/2017 academic year received accredited awards and many have progressed to either further education or employment as a result of their commitment and hard work. In November we celebrated the 2017 graduation for both KITE learners and the last of our BTEI course graduates. The T&E sector has seen significant change this year with the departure of both Josephine and Trish and we wish them the very best in their future endeavours. We were also delighted to welcome our new Coordinator Marian who undertook the challenge of KITE recruitment for 2017/2018. In September thirteen new KITE participants began.

Knockanrawley Childcare has had a busy and challenging year with a number of changes in staff and the continued difficulty of 'competing' with both private service providers and the provision of pre-school services in primary schools. The childcare team coordinated by Anne, continued to work incredibly hard and provide an excellent, professional service to families in Tipperary Town. Due to their dedication childcare numbers began to see an increase from September with a growth in demand for services from toddler, playgroup to pre-school and after school. All rooms operated at close to full capacity by year end. The introduction of the new Affordable Childcare Scheme (ACS) has provided significant benefit to many of our Knockanrawley Childcare families and we continue to administer the Community Childcare Subvention (CCS), Early Childcare and Education (ECCE) in addition to the Training Employment Childcare (TEC) scheme which is of vital importance to many learners engaged in our KITE programme.

The Family Therapy and Counselling programme worked at over capacity level again this year providing Individual, Couples and Family Therapy Services with referrals from TUSLA, HSE, the Courts, GPs and self-referrals. Over 200 clients (122 cases) received supports from Declan, Freda and Geraldine over the course of the year, 59 of the cases concerned children or adolescents. The waiting list for services continues to grow and it is hoped that with additional funding support the Centre will be able to increase the counselling hours available to meet the demand. A number of networking events were attended this year including KRC presentations by Declan Roche (Clinical Psychologist) at the TULSA showcase launch of the Creative Community Alternatives initiative in Dublin and the Resilience Showcase Event in Clonmel.

The Organic Garden continues to provide the Centre and all that come here with a peaceful haven in addition to being a superb resource for training. The KITE participants continue to utilize the garden for their Growing Vegetable module in addition to the Allotment Project which provides people from the local community with allotments to grow their own organic produce for their families. Without the

support of volunteers such as Timmy Whyte over many years, the garden would not be the resource it is today.

The Department of Employment Affairs and Social Protection funded Community Employment Scheme continues to be supervised through Knockanrawley Resource Centre and supports the Centre with CE participants working in reception, community development, cleaning, maintenance and the garden. In addition to the placements here in the Centre, the CE Supervisor, Mary, also supports placements in the Circle of Friends, Three Drives Family Resource Centre and the Tipperary Rural Traveller Project. A total of 22 employees were supported under the CE Scheme by KRC in 2017.

Knockanrawley hosted a number of key events throughout the year starting the Annual Senior Citizen Party in early April. Over 60 guests participated and enjoyed a wonderful meal and great music and entertainment. Again, this annual party would not be possible if not for the wonderful work done by the Board of Management and team of volunteers. It would also not be possible without the continued support of local businesses that have supported the event every year without fail. With support from the Tony Ryan Fund we held a three-day Cultural Diversity Festival in May which celebrated the growth in diversity and traditions that is greatly enhancing Tipperary Town. It was a family fun event with activities for children, inspirational talks and a wonderful food fair with traditional foods prepared and shared by new communities from over 15 different countries. Our annual Remembrance Mass for friend of Knockanrawley Resource Centre was held in November.

The centre's ability to generate income this year was supported through an increase in room and facility hire to external agencies. The latter half of the year saw a significant increase in footfall with a number of ETB training programmes on offer such as Door Security, Baking, Minibus Driving and Forklift training. This year also saw us reaching out to the community for support with our first fund raising event since the Centre was established. Without core funding it continues to be a daunting challenge to heat, light and insure the premises so that we can continue to provide the wonderful services that you will read about in greater detail in this report. We were extremely grateful to the Clonmel Races who offered us the opportunity to fund raise during the Evening Races in May and to all the local businesses that supported the event through placing advertisements in the Race Card and providing prizes for the raffle. While significant financial challenges remain, under Kay's professional financial administration, it is our aim through a combination of programme funding, income generation and a community-driven fundraising strategy the coming years will see the Centre regain its long-term financial sustainability.

We would like to acknowledge the continued support of our funders and The Sisters of Mercy. Without this vital support it would not be possible to provide the wide range of supports and services to the people of Tipperary Town particularly to those

who are disadvantaged and struggle to be included in the social and economic fabric of our town and surrounding areas.

We would like to thank all the staff, volunteers and management of the Centre for their continued hard work and commitment. As a team, we are confident in our shared vision and are committed to our mission, principles of community development and values and will endeavour to meet and overcome all future challenges. We will continue to serve the local community as we have done for the last quarter century. To all those who have contributed to the many successes of Knockanrawley Resource Centre the last year – thank you!

Ann Buckley
Chairperson

Emer Leahy
Centre Manager

Community Development Section 2017

The goal of the Community Development Section is:

To enable and empower individuals and groups, through the process of self-development and working together, to identify and make changes that enhance their lives and the community in general.

Ongoing work

Tipperary Residents Network (TRN)

TRN continues to be recognised as a relevant local structure to encourage community activism and engagement in local decision-making structures.

There are TRN representatives on:

- Joint Policing Committee
- Tidy Towns
- County Safety & Security Committee
- 3 members are the RAPID AIT community reps

TRN was involved with the town council in National Springclean week. The council worked with TRN to hold the annual Bulky Goods Collection during that week as many local areas got a tidy up.

KRC have an allotment with TRN and planted flowers and shrubs to attract wildlife and enhance their areas. These were ready for use by local residents groups in 2017.

Guest speakers at the TRN's four yearly meetings included Crime Prevention Officer, Sgt Tom O'Dwyer, pictured below with some of the TRN members who attended that meeting:



TRN Pop-up Open Day Event:

Displays, speakers, refreshments, the pop-up Open Day in the Main St of the town provided the 15 TRN groups with an opportunity to inform the general public of the great work they do.



Pearse Park, Fr. Matthew Court & Street Residents Association (PPRA)

There was another successful summer camp organised by our Parent & Family Support Programme, in conjunction with Pearse Park residents group (see PFSP section of annual report).



Storytelling at the PPRA and KRC Summer Camp

Their Rural Social Scheme worker has continued to work on the estate to maintain the grass, community garden etc as well as two hours a week in another resident's group area, St. Michael's Ave. PPRA supports the worker in developing a work plan for him to include the maintenance work of the alleys and green area and, also, checking on the local elderly and tending their gardens. The CDP co-ordinator supervises his work along with the chair of PPRA as well as devising the workplan annually.

A member of the Pearse Park residents group is a RAPID Area Implementation Team Community Representative via Tipperary Residents Network.

Local dumping was a growing issue in 2016 but possibly due to cameras and signs put up in the locality this frustrating problem was diminishing in 2017 though there was a new art form of dumping through tying bags of ash and rubbish on to a tree!.

The community garden continues to flourish but the group felt that it needs protecting from dumping.

Other Residents Groups

KRC continued to work with the Canon Hayes group to encourage and strengthen the residents' commitment to the development of this new group. They have already held an outdoor mass and a Christmas Carol Service. There are representatives of the group attending actively at the TRN meetings.

Women's Community Education Groups

Tipperary Strollers Walking Group

This women's group meets on Monday afternoons and caters for all ages and abilities. Making good use of the community bus, these walkers go out of town alternate weeks on specific walks that are of a certain distance and level of exercise.

There can be up to fifteen members of this exercise and social group on any week. This group can improve the physical and mental wellbeing of the participants through reducing isolation, getting them away from their usual surroundings and learning about the benefits of walking. Their walks include the Glen, Cahir and Dundrum areas, with a couple of surprise walks added in for variety, including walking dogs at Limerick Animal Welfare!



Getting the message!

Monday Art Group

An ETB funded Art Tutor instructs the group in the many art forms on Monday afternoons, including oils, pastels, button art, craft and group projects.



The art group proudly displaying one of their collaborative pieces

Tuesday Morning Women's Group

The self-facilitating, with a rotating spokesperson, **Mna le Cheile** women's group continued to be a support/activities group, see photo below. The activities were varied and included mindfulness, gardening, women's health and setting up a book club. The group went to Amsterdam during the summer showing great financial and organizational skills to go and have fun.

Tuesday Evening Women's Group

This women's group continues to be well established and self-facilitated by two excellent leaders. Though there were ongoing health and family issues for individual women in the group they remained active and supportive doing meditation, glass painting and painting to name only a few, and wrapping 68 presents for the Senior Citizens Party. They enjoyed getting out to the great outdoors too.



Solas Duais - Wednesday Morning Women's Group

Solas Duais continues to be the newest community education women's group in KRC. It is led by a volunteer facilitator who has worked with the group to gel two groups into one. The group enjoys activities and personal development like life coaching, mental health resilience awareness etc.

Specific Target Groups:

SHE Group

This is a support group for women parenting alone of any age that builds awareness around relevant policy issues and works on personal issues that affect them in daily life.

Traveller Women's Group

This is a group that began with support from the SICAP programme and the Tipperary ETB. There were mostly cooking activities, especially around baking but the women had a day of make-up and beauty as well as catering for and hosting an Anti-racism event with the Tipperary Rural Travelers Project (TRTP).

The photos below speak for themselves:

Activities:



Anti-Racism Event:



Men's Shed

This is a group of men who come together on Monday afternoons and also network with other groups in Tipperary County but also in other parts of Ireland.

Timmy Whyte has continued to lead the group to learn new skills, share and network all while doing a multitude of activities and life skills including walking, gardening, cooking and eating, meditation and life coaching.



Networking with other Men's Sheds in the county



Faite Isteach Conversational Groups

These groups of voluntary tutors and non-Irish national students learn through a variety of resources from chatting on relevant subjects to discussing and eating food!



Traditional Pakistani Dress workshop:



Significant Events in 2017:

The annual **Senior Citizens Party** was successful yet again and appreciated by the local elderly. It is always a good exercise to bring in volunteers and encourage leadership and organizational skills. It was the fourth year the voluntary subgroup that plans the day, decided to serve a hot meal. Many thanks to all the volunteers and local businesses who contributed to the event. As it was near Easter, the theme was very Spring-like!



Before the meal and during the very well attended event!

Cultural Diversity Festival

This 3 day festival was a new piece of work due to a piece of once-off funding. It included a children's fun day, a pop up cafe and a garden party, with food from all over the world:



LGBTI Awareness Raising in KRC

This event was open to organisations, schools, families of LGBTI and the general public to increase awareness and give information of local services. It was run in conjunction with Clonmel Resource Centre:



Christmas Eve Foodcloud Giveaway

In conjunction with Tesco, the team of Foodcloud project volunteers collected €900 of non-perishable foodstuff, 24 crates of perishables and made up 75 hampers to be collected or delivered on Christmas Eve. This was a successful connection to the people in the local community. The volunteers involved were incredible on such an important family day. Thank you to you all and, of course, Tesco.



Networking Opportunities in 2018

The women's groups networked with Limerick Women's Network groups through visiting them in Limerick on International Women's Day to see the Elephant Collective drama and exhibition with a return visit by the Limerick women in the Autumn:



Tipp women in Limerick.....andLimerick women in Tipp!

KRC networked on a county level on a number of occasions including the Tusla Expo and the Public Participation Network Plenary meetings:



Other aspects of our work included:

- Ongoing targeted and blanket outreach within Tipperary Town for various courses and groups, including the Men's Shed, Failte Isteach and the SHE group were done.
- Specific needs are emerging, such as substance abuse, parenting support for young mothers, overcoming isolation (mainly men) and people who are

generally disengaged from society. Our outreach was consistent and hopefully effective. Outreach is part of the strategic plan to ensure that KRC continues to reach the people that need us most in the community.

- Knockanrawley Resource Centre continued its **Allotment Project** to encourage local residents to use the Organic Garden, grow their own food for their families and make new friends. The project was again a great success with seventeen plots being taken up with produce grown, all organically. It was found that gardening can be therapeutic and producing fresh vegetables for the table is also very rewarding. There was an Open Day for the whole garden in June.
- The yearly Remembrance mass for friends of KRC was organised in conjunction with the Voluntary Board of Management in November. Again, this is a way of reaching out to the local community.
- Specific national and global days/campaigns were marked and awareness raised around them in 2017 such as, Suicide Prevention Day where all groups were given information on relevant services and general awareness raising in the centre on the day. Another annual UN Day that is marked in the Centre is the Anti-racism Day
- The 16 Days Against Violence Against Women campaign led by Women's Aid



Inter Agency connections

Through the last year of the SICAP programme, we worked closely with STDC, as partners in the South Tipperary Lot, covering social inclusion work in specific areas of Tipperary Town and with certain target groups as identified by SICAP.

We worked with all county community organisations, HSE, STDC, ETB & RAPID, through the Tipperary Town RAPID AIT, county working groups and through KRC policy work.

With RAPID, we work with the TRN and the Community Representatives of the AIT before every AIT meeting. KRC goes through a process of social inclusion support for the AIT community representatives so that they can bring relevant issues to the table with an understanding of the analysis behind the issue.

Throughout the year, we liaised with Tipperary ETB regularly for community education tuition hours.

KRC is still part of an ongoing project set up to reduce food waste and distribute it to people suffering economical disadvantage. Along with Tipperary Town Community Centre and St Vincent de Paul, KRC collects food that has reached its 'best before'

date on allocated nights from Tesco and Aldi and contacts families to collect the food. The Men's Shed then sometimes cooks with the excess with the Organic Garden giving free surplus vegetables when harvested.

The County Council has a Second Chance Housing Programme. The County Council community liaison officer works with KRC to offer support through groups or adult education to participants of this programme to avoid eviction from their local authority homes.

Referrals and support of certain individuals meant that the weekly services run by Cuan Saor Women's Refuge and the HSE Substance Misuse counsellor was used by adults coming through the CDP section. It is hoped through ongoing negotiation, that the Tipperary Rape Crisis Centre may have a volunteer counsellor in KRC to service Tipperary Town.

Through court referrals and our Community Service project, there has been contact on a regular basis with Probation & Welfare

Student Placements and Volunteers

In 2017, there were the following placements:

- An LIT Third Year Social Care student had a 15 week full time placement
- One Cappawhite Youthreach young woman had 2 month work experience.
- A Hospital Youthreach young man started a 3 month placement before Christmas

Volunteers in 2017 were:

- Four facilitators working weekly with a specific group
- Eleven tutors trained to deliver conversational English through the nationally successful Failte Isteach, a project within Third Age Ireland. The KRC group was the 76th to be set up in Ireland since the start of Failte Isteach. There are still 6 tutors engaged in the project

Volunteers within the office and others needing support around issues were worked with. This included people in crisis that meant we worked in conjunction with other agencies, such as the Tipperary County Council, HSE and other community organisations on issues such as homelessness, drug addiction, mental health and domestic violence.

The Parent & Family Support Programme (PFSP)



The KRC Parent and Family Support Programme has taken many different forms during 2017 depending on the strengths and needs of the families presenting to it, but the overarching goal was to help parents enhance skills and resolve problems to promote optimal child and family development. The KRC Parent and Family Support Programme worked to increase opportunities and to strengthen, individuals, families and the local community. The programme sought to affirm parenting skills as a lifelong learning process through the promotion of family relationships based on equality and respect for diversity.

The PFSP continually sought to improve its practice by reflecting on what the programme offered and how it was delivered. It encouraged mutual assistance and peer support. It worked to focus on the promotion of wellness and used a preventative approach in its work. Open to all families, embraced and recognized that any family may need support and It strived to complement existing services, build networks and linkages, advocated for policies, services and systems that supported a family ability to raise healthy and happy children.

The basic structure of the PFSP was as follows:

Drop-In Space

A welcoming space where parents visited the Parent & Family Support Worker to discuss possible ways the programme could provide relevant supports. This space was welcoming and encouraging for parents to call in and indeed, it was the first step for many into accessing supports of the programme.

Individual Parenting Support Sessions

Individual Parenting Support Sessions were delivered to parents throughout the year helping to build strong relationships with children and to manage difficult behaviours presenting to families. These supports are based on the Positive Parenting One Family Programme.

SHE Group

This is a peer support group for parents who are parenting alone and met every Thursday in term time from 11am until 1pm.

Parents Club



Parents Club outing to Grantstown Castle

The Parents Club is a peer support group offered to parents and facilitated by the PFSP Worker every Wednesday morning from 10.30am until 12.30pm in an informal

setting. Activities included Stress Management, Organic gardening in the Club Allotment in KRC, up cycling of Furniture, Cookery. The Club also hosted a fundraiser for Concern

Upon evaluation here are some of the things the participants had to say about their group:

- Having a place to relax and unwind
- Finding out new information
- A space for meTime out
- Meeting Helen makes me feel good
- Support from other members of the group
- Encourage ideas/thoughts from within yourself which you would not access when rushing around
- Calm circle it's a perfect getaway
- Positive start to my day
- I love my Wednesday mornings...great friends here

Baby, Parent & Toddler Group

Many families came to join our group this year, spending precious quality time with their children in a very vibrant and fun setting. It offered a unique and welcoming space for both parent and child to interact and play together and to meet with other families, every Tuesday from 11am until 12.30pm. We also celebrated seasonal events for example, Easter egg Hunt, Halloween and Christmas and made the most of the fine weather when it came by bringing our space to the organic garden.

Parents Comments:

- Making friends
- Getting the children out to play
- Language development
- Improvement in fine motor skills through various activities
- Talking to other parents
- Very active and very fun always
- They learn nursery rhymes, dancing and stories(they love it)
- Great variety
- My 2 children love it and Helen
- My child love Tuesdays , it is a day for friends , dancing and play
- Group is well organised , lots to do and so much fun
- Helen is great to work with and always welcoming, kind and interested in all of us

Summer Camp July 2017

Lots of fun and games for our local children again this year, we offered a 3 day camp to include.



Dads Matter Peer Support Group

In November the Dads Matter per support group began and hopes are that it will continue into the New Year.



There was an opportunity also for parents and children to spend some quality time together doing some fun Christmas cookery!



Santa called in to see us all in the Baby Parent & Toddler Group he had fun sang nursery - rhymes and danced with his captive audience!!

Statistics for 2017

Baby Parent & Toddler	Parents Club	1:1 Parenting Support	Christmas Family Cookery	Dads Matter	SHE Group	Summer Camp
25 Families	9	25	5 Families	5	7	40 Children

Let us continue to support you to



Training and Education Section

2016/2017 KITE

KITE 2016/2017 started with nineteen learners. The group were very committed and worked diligently throughout the year. In 2017, seventeen learners received either major award or minor award certification under this strand of funding.

The group have had excellent progression since leaving the course with five learners having progressed to further education; two have secured employment on CE schemes, while others have advanced to mainstream employment or are volunteering in their communities.

While striving to successfully complete their modules, this group also added value to the Centre with their co-operation and willingness to take on tasks, especially in our Organic Garden.



KITE Graduation – November 2017

2017/2018 KITE

2017 saw the departure of Josephine O'Donnell and Patricia Power as Training and Education Coordinators. Both were thanked for their enormous efforts in developing the Training and Education programmes of KRC over the years and they were wished well in their future endeavours.

In August 2017, a new Coordinator – Marian Thomas – was recruited and Nora Hoare remained as Assistant Coordinator.

Initially recruitment for KITE 2017/2018 was challenging. After many hours of outreaching, KITE started on the 18th September 2017, with thirteen learners, eight males and five females. The group are diverse in terms of age, ethnicity,

educational and career background and are very open to learning from each other. It did not take the group long to settle and adapt to the routine of learning.

By Christmas ten learners remain and these ten are working hard to achieve their major award.



KITE 2017/18 Group

The modules completed at this stage are: ***Information Technology Skills, Personal Effectiveness, Communications and Health Related Fitness.***

The modules that have yet to be completed are ***Work Experience, Functional Maths, Growing Vegetables, Handling Food hygienically and Culinary Operations.***

BTEI 2016/2017

Summary of modules completed under BTEI 2016 funding

Course	Modules Completed	Learners Awarded Module
Level 5	Beekeeping	11
Total Learners		11

Beekeeping Level 5

We offered a Beekeeping Level 5 module as a progression for those who had completed Level 4 modules through Horticulture. Our Beekeeping Course was a great success with all eleven learners who started, completing and achieving certification. Gerry Ryan delivered the module in his workshop in Dundrum and the

learners greatly enjoyed the experience and the knowledge they have gained. Some members of the group continued on to other Beekeeping courses and even started their own Beekeeping business. Others continued to develop it as a hobby by buying hives, etc.



Beekeeping Group at work



Beekeeping Graduation – November 2017

Unfortunately, the BTEI strand of funding is no longer available to KRC Training and Education, so we are unable to offer BTEI Courses at present.

Other Training and Education Activities

In line with KRC's Vision Statement – 'Community Participation for New Beginnings' – links are continually being fostered and developed with other agencies and organisations working in the area of Community Development, in order to maintain and enhance the relevance of the service being offered to learners who access Training and Education here in KRC.

There is active engagement and networking with the Local Education Stakeholders Network (LESN), the Tipperary Education and Training Board (TETB) Linkage Group which is part of the Public Participation Network, the Teens at Risk (TAR) Steering Committee of Youthwork Ireland Tipperary and the Department of Employment and Social Protection.

Knockanrawley Community Childcare

2017 was both a busy and positive year for our Community Childcare Centre. While the provision of community childcare services continue to carry considerable challenges both financially and administratively the latter half of 2017 saw an increase in service demand within all four childcare services (toddler, playgroup, pre-school and after-schools).

Staff continued to up-skill and participated in a number of quality development programmes throughout the year:

- AIM Training, Equality, Diversity & Inclusion,
- Aistear, Siolta Training – Making Learning Visible
- LINC Programme
- HACCP course
- Children First – Child Protection
- FETAC 5 Early Years Care & Education

R – L Anne Murphy, Childcare Co-ordinator, Danny Ryan Pre-school Room Leader and Mary Fitzgerald, Toddler Room Leader travelled to Athlone to receive the award on behalf of the childcare staff our Healthy Ireland Smart Start Award.



In April we held an Easter Camp which was a great success with 26 children attending. This camp provided children with such activities as Easter Egg Hunts, Baking, Keep Fit, Road Safety, Flower planting, Yoga and a fun party.



Party Time!



Art play

Our Summer Camp ran for four weeks. It had an average of 22 children per week with a total of 28 children booked in during the fourth week. 9 new children were introduced to our centre through this camp. The programme for this camp was set

up to meet a wide range of interests and involved such activities as walking excursions to the Fire station, Garda Station and other amenities around Tipperary town, swimming, arts 'n' crafts, Yoga, baking and, was topped off with a fun trip to visit the Rock of Cashel.

We set up a number of open days for parents to link in with the Room Leaders regarding their children or to hear more about the service we offer. In June we organised a Childcare Open/Registration Day and were able to register some extra children for the summer camp and for attendance in September. Our Pre-school Graduation Day was a great success with a lot of work put in by staff to ensure it was enjoyable for all. During the summer the Toddler room invited parents and grandparents to join them and the children in the garden for a Teddy Bears Picnic. In October our two Pre-school rooms organised a Halloween Family Coffee morning and again this was attended well by parents and was a wonderful opportunity for staff to pass on information regarding the children's development.

Children celebrated the festive season in December with their families with Nativity play, Christmas songs and visits to our grotto to have a chat with Santa. This event ran very smoothly considering the large number of family and friends who joined us for a fun mornings' entertainment.



Playtime



Giant steps



**Table top activities
in Toddler room**

We secured capital funding to further develop our outdoor facility. The new garden play equipment started to arrive in November. It is expected that this equipment will greatly enhance our outdoor area and offer the children a wider opportunity for fun, games and to develop their skills.

As already mentioned 2017 was a year of change for Knockanrawley Childcare. We said goodbye to valued members of our childcare staff and welcomed new members onto the staff. We also said goodbye to our children who go on to start primary school and the next chapter in their lives while welcoming all the new children into our care. . We continue to meet our aim of having a welcoming open door for all families within our community.



Halloween and Graduation 2017!

Family Therapy and Counselling

Staff

Staff whole time equivalent (WTE) based in the centre to the end of 2017 remains at 1.1 WTE. Staff include Freda Murphy Roche, Systemic Psychotherapist & Complementary Therapist, Geraldine Lorigan, Systemic Psychotherapist and Clinical Nurse Specialist, Declan Roche Clinical Psychologist and Systemic Psychotherapist.

Individual, Couple and Family Therapy Service at KRC

The service worked at over capacity level over particular periods during 2017. The tables below present details on service performance over the year.

Table 1 Outlines Total Cases and Client Numbers seen in 2017 and 2016

Year	2017		2016	
	All Cases	New Cases	All Cases	New Cases
Number of Cases ¹	122	97	103	75
Number of Clients receiving a service	204	160	169	117

¹ Includes: Individuals, Couples & Families

Table 2 shows New Client Numbers and the Percentage of New Clients in the Target Group for the previous 5 years.

² Includes: Unemployed, Single Parent, Medical Card Holders, Travelling Community/Ethnic Minority, Refugees, Persons with a disability

Number of New Clients Receiving a Service					
Year	2017	2016	2015	2014	2013
New Clients Receiving Services	160	117	155	122	137
Percentage of New Clients in Target Group ²	75	77	86	88	71.5

Table 3 outlines the Therapeutic Focus of the work of the Service over the year for the 122 cases seen.

Therapeutic Focus ³	Number of Cases
Individual	72
Couple	18
Family	32

³There were 59 cases where Children and Adolescents were the focus of concern.

The number of new cases presenting in 2017 was significantly greater than the previous year i.e. 97 vs.75, an increase of 29%. The overall number of clients these cases included was also significantly greater than the previous year, 160 vs.117, an increase of 37%.

The percentage of new clients in the target group was much the same as 2016.

Adolescent Counselling Service in Clonmel.

The service that HSE, in conjunction with KRC, set up in Clonmel, located in Clonmel Resource Centre for adolescents who are self-harming, and managed by Geraldine Lorigan has been discontinued because of the low uptake of the service due to a pre-established and what has ultimately proved to be an ineffective model of engaging with such clients. The location and current context of trying to engage with young persons did not lend themselves to a systemic approach to engaging with such clients. Geraldine informed KRC's Centre Manager and the Clonmel Resource Centre that she was discontinuing to provide the service. Her work here in KRC allows her to continue to be available for referrals addressing the needs of this client group.

Networking

Networking continued to be an important element of service provision throughout 2017 involving integrated working with the HSE Social Services on very challenging cases concerning child physical, emotional and sexual abuse and traumatic parental separation.

Clinical psychology services for young children, family reunification facilitation, and some clinical forensic assessments for adults were provided in such cases. Consultation services were provided over the year to the principals and teachers in local primary and secondary schools.

Tusla launched the Creative Community Alternatives project on Wednesday 26th April in St. Andrews Resource Centre, Dublin. The project is about providing alternative responses to children and young people who are on the edge of alternative care or currently in alternative care due to complex factors. KRC was invited to present at the launch. Emer Leahy and Declan Roche delivered the presentation which emphasised that KRC had already much to offer this client group and with appropriate funding to increase both therapeutic staff and administrative staff numbers programmes could be further developed to provide a holistic regional service to better meet the needs of these children. The presentation was well received.

KRC was invited to present at the **Resilience Show Case Event** (Organised by Tusla) on 8.11.17 in Raheen House Clonmel. Representatives of KRC's programmes jointly presented the work of the centre. Declan Roche outlined the work of KRC's Individual Couple and Family Therapy Service.

Training and Continuing Professional Development

The Narrative-Systemic Shared Learning Support group met on 6 occasions in 2017. The number of therapists attending the meetings is currently 9.

Financial Statements

Knockanrawley Resource Centre Company Limited by Guarantee (Limited by Guarantee and not having Share Capital)

Income statement Financial year ended 31 December 2017

	Note	2017 €	2016 €
Income		876,803	857,054
Surplus		876,803	857,054
Administrative expenses		(879,638)	(924,505)
Other operating income		32,117	32,343
Surplus/(Deficit)		29,282	(35,108)
Surplus/(Deficit) before taxation		29,282	(35,108)
Tax on surplus/(deficit)		-	-
Surplus/(Deficit) for the financial year		29,282	(35,108)

The company has no other recognised items of income and expenses other than the results for the financial year as set out above.

**Knockanrawley Resource Centre Company Limited by Guarantee
(Limited by Guarantee and not having Share Capital)**

**Balance sheet
As at 31 December 2017**

	Note	2017 €	2016 €
Fixed assets			
Tangible assets	7	1,302,618	1,334,735
		<u>1,302,618</u>	<u>1,334,735</u>
Current assets			
Debtors	8	36,584	25,933
Cash at bank and in hand		197,382	181,162
		<u>233,966</u>	<u>207,095</u>
Creditors: amounts falling due within one year	9	(44,710)	(47,121)
Net current assets		<u>189,256</u>	<u>159,974</u>
Total assets less current liabilities		<u>1,491,874</u>	<u>1,494,709</u>
Creditors: amounts falling due after more than one year	10	(1,151,813)	(1,183,930)
Net assets		<u>340,061</u>	<u>310,779</u>
Capital and reserves			
Capital Reserve		139,671	139,671
Retained Allocation		200,390	171,108
Members funds		<u>340,061</u>	<u>310,779</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Vision

Our Vision is of a socially just,
diverse and empowering
society where courage is
encouraged and fear is
understood.

Mission

Our mission is to encourage,
foster and empower people,
groups and the community as a
whole to identify and make
changes that enhance their lives.

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Tipperary Town
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Email: knockarawleyrc@gmail.com
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Incorporated with limited liability No. 190219 and RCN 20027926



Ireland's European Structural and
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2014-2020

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Clár Gníomhachtaí Pobail
agus Cuimsíú Sóisialta.



pobal

government supporting communities



Department of Rural and
Community Development

An Roinn Forbartha
Tuaithe agus Pobail

TÚSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



etb

Bord Oideachais agus
Oiliúnaí Thíobraid Árann
Tipperary Education and
Training Board



An Roinn
Gnóthai Fostaíochta agus Coimirce Sóisialaí
Department of
Employment Affairs and Social Protection



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive